



Where Seniors Blossom

From the moment I walked into Pakachoag Gardens, I knew this was the place (for dad). It truly is a hidden treasure.

-Tracy Dankwah

Hours of operation:

Monday – Friday
8am – 4:30pm

For more information call:

508.753.3815

Fax:

508.753.3685

Address:

203 Pakachoag Street
Auburn, MA 01501

Auburn VNA Health Network -
At Home With You



AVHN.ORG



Pakachoag Gardens is a program of the Auburn VNA Health Network providing comprehensive weekday adult day health services. Designed as a place where, “Seniors Blossom” the program provides socialization, companionship, daily activities, exercise, nutrition, emotional support, nursing, personal care, and so much more.

The location of the program at 203 Pakachoag Street in Auburn, provides a safe, restorative, stimulating, caring environment for adults. Our clients enjoy spending time with their contemporaries, along with our professional, compassionate staff in an enriching group setting.



Nurse supervision and medication management is available. We provide and monitor personal care, skin and body treatments, nursing care, therapies, health screenings, medical evaluations, as well as specialized equipment and training for those with physical disabilities.

This program is designed to provide everything our participants need to continue to thrive in their communities. Our staff ensures our seniors receive comprehensive, specialized care. Additionally, the program provides emotional support and respite for caregivers. A true win-win for everyone!

Our Activities Director creates a month-to-month calendar that is packed with fun-filled activities. Our participants enjoy:

- *Healthy meals and snacks (we can provide individual meals to meet dietary restrictions)*
- *Movies and music*
- *Morning social hour*
- *Monthly birthday parties*
- *Special seasonal activities*
- *Assistance with bathing, cooking and self care*
- *Group and therapeutic exercise*
- *Intergenerational visits*
- *Creative craft activities*
- *Educational programs and discussion groups*
- *Transportation services are available*